Ministry Track: Outreach & Community Service

For servants who put faith into action by feeding, welcoming and walking alongside neighbors in need.

Exit credential: CWOW Institute Certificate of Completion – Outreach & Community Service (15 courses, 15 Institute credit hours)
Serves ministries: Bread Box, Chaplaincy & Outreach

Student Name	**Student Email**
Student Phone	**Date Started**
CWOW Ministry / Role (or "n/a")	**Ministry Leader**
Advisor Pastor Sheila Farley, Dean	**Target Completion Term**

CWOW Institute – Outreach & Community Service Track Sequence

Course No.	Course Title	Term	Date Completed	Initials*
Tier 1 (3 courses)				
BCS 1190	Fundamental Beliefs			
BCS 1191	Effective Communication			
BCS 1193	Biblical Terminology			
Tier 2 (1 course)				
BCS 1194	Called to Serve: Gifts, Calling and Character			
Outreach & Community Service Track Required Courses (4 courses)				
OS 201	Biblical Foundations of Compassion and Justice			
OS 202	Know Your Community			
OS 203	Serving with Dignity and Respect			
OS 204	Organizing and Leading Service Projects			
Electives: choose 2 of the following				
OS 301	Hospitality and First Impressions			
OS 302	Working with Volunteers			
OS 303	Sharing Your Faith with Love			
OS 304	Stewardship of Resources			
Wellness: one course each term (5 courses)				
WEL 1101	Wellness I: Rest, Sabbath and Rhythm			
WEL 1102	Wellness II: Body, Movement, Food and Sleep			
WEL 1103	Wellness III: Mind, Emotions and Resilience			
WEL 1104	Wellness IV: Relationships, Boundaries and Support			
WEL 1105	Wellness V: Spirit, Soul Care and Your Calling			

*Initials of the instructor or Dean confirming completion. Total: 15 courses · 15 Institute credit hours (3 Tier 1, 1 Tier 2, 4 track, 2 electives, 5 wellness).

Suggested Course Sequence for Outreach & Community Service

Term 1	Term 2	Term 3	Term 4	Term 5
BCS 1190 **OS 201** **WEL 1101** Planned term:	**BCS 1191** **OS 202** **WEL 1102** Planned term:	**BCS 1193** **OS 203** **WEL 1103** Planned term:	**BCS 1194** **OS 204** **WEL 1104** Planned term:	**Elective 1** **Elective 2** **WEL 1105** Planned term:

Each term pairs a Tier 1, Tier 2 or track course with one Wellness course. In Term 5, take your two electives. You may adjust the order with your Dean's guidance.

Additional Options

Check any that apply	Yes	No
I plan to serve on the Outreach & Community Service team / ministry	☐	☐
I would like the Dean to contact me about next steps	☐	☐
I would like to receive encouragement and updates from the Institute	☐	☐

Notes:

1. The CWOW Institute offers ministry courses online. Complete all 15 courses in your track (about 5 terms) to finish the program. Each course is 4 weeks and counts as 1 Institute credit hour (about 45 hours of student work).
2. The Tier 1 courses (Fundamental Beliefs, Effective Communication and Biblical Terminology) and the Tier 2 course Called to Serve are shared by every track. Courses in the track and elective lists are listed by number; ask the Dean about course availability each term.
3. Courses may be added or updated over time. Confirm your plan with the Dean before you register.
4. Maintain and update your program sheet regularly. Bring or send a current copy whenever you meet with the Dean or your ministry leader so they can support you.
5. Fill in each field on your computer or phone, then save the PDF under a new name (for example, "YourName-Program-Sheet"). You can also print it and fill it in by hand.
6. Questions? Schedule time with Pastor Sheila Farley, Dean of the CWOW Institute, at cwowcarrollton.org/institute.html.

Log of Decisions, Modifications and Conversations

Use this table to keep track of your progress, conversations with your Dean or ministry leader, and any changes to your plan.

Date	Notes