Ministry Track: Discipleship & Community Groups

For leaders and members of fellowship groups who want to build strong relationships and help others grow in faith.

Exit credential: CWOW Institute Certificate of Completion – Discipleship & Community Groups (15 courses, 15 Institute credit hours)
Serves ministries: WOW, Men's, Marriage, Singles, Single Parent, Wellness

Student Name	**Student Email**
Student Phone	**Date Started**
CWOW Ministry / Role (or "n/a")	**Ministry Leader**
Advisor Pastor Sheila Farley, Dean	**Target Completion Term**

CWOW Institute – Discipleship & Community Groups Track Sequence

Course No.	Course Title	Term	Date Completed	Initials*
Tier 1 (3 courses)				
BCS 1190	Fundamental Beliefs			
BCS 1191	Effective Communication			
BCS 1193	Biblical Terminology			
Tier 2 (1 course)				
BCS 1194	Called to Serve: Gifts, Calling and Character			
Discipleship & Community Groups Track Required Courses (4 courses)				
DG 201	Biblical Foundations of Discipleship			
DG 202	Leading Small Groups			
DG 203	Healthy Relationships and Community			
DG 204	Encouragement, Accountability and Care			
Electives: choose 2 of the following				
DG 301	Faith, Marriage and Family			
DG 302	Wholeness: Mind, Body and Spirit			
DG 303	Facilitating Difficult Conversations			
DG 304	Planning Gatherings and Events			
Wellness: one course each term (5 courses)				
WEL 1101	Wellness I: Rest, Sabbath and Rhythm			
WEL 1102	Wellness II: Body, Movement, Food and Sleep			
WEL 1103	Wellness III: Mind, Emotions and Resilience			
WEL 1104	Wellness IV: Relationships, Boundaries and Support			
WEL 1105	Wellness V: Spirit, Soul Care and Your Calling			

*Initials of the instructor or Dean confirming completion. Total: 15 courses · 15 Institute credit hours (3 Tier 1, 1 Tier 2, 4 track, 2 electives, 5 wellness).

Suggested Course Sequence for Discipleship & Community Groups

Term 1	Term 2	Term 3	Term 4	Term 5
BCS 1190 DG 201 WEL 1101 Planned term:	BCS 1191 DG 202 WEL 1102 Planned term:	BCS 1193 DG 203 WEL 1103 Planned term:	BCS 1194 DG 204 WEL 1104 Planned term:	Elective 1 Elective 2 WEL 1105 Planned term:

Each term pairs a Tier 1, Tier 2 or track course with one Wellness course. In Term 5, take your two electives. You may adjust the order with your Dean's guidance.

Additional Options

Check any that apply	Yes	No
I plan to serve on the Discipleship & Community Groups team / ministry	☐	☐
I would like the Dean to contact me about next steps	☐	☐
I would like to receive encouragement and updates from the Institute	☐	☐

Notes:

1. The CWOW Institute offers ministry courses online. Complete all 15 courses in your track (about 5 terms) to finish the program. Each course is 4 weeks and counts as 1 Institute credit hour (about 45 hours of student work).
2. The Tier 1 courses (Fundamental Beliefs, Effective Communication and Biblical Terminology) and the Tier 2 course Called to Serve are shared by every track. Courses in the track and elective lists are listed by number; ask the Dean about course availability each term.
3. Courses may be added or updated over time. Confirm your plan with the Dean before you register.
4. Maintain and update your program sheet regularly. Bring or send a current copy whenever you meet with the Dean or your ministry leader so they can support you.
5. Fill in each field on your computer or phone, then save the PDF under a new name (for example, "YourName-Program-Sheet"). You can also print it and fill it in by hand.
6. Questions? Schedule time with Pastor Sheila Farley, Dean of the CWOW Institute, at cwowcarrollton.org/institute.html.

Log of Decisions, Modifications and Conversations

Use this table to keep track of your progress, conversations with your Dean or ministry leader, and any changes to your plan.

Date	Notes